





These aren't at all healthy but sure are yummy! Using just five ingredients. You're sure to have these ingredients in your fridge or pantry!

COCONUT COOKIES

- Prep Time: 10 minutes
- Cook Time: 12 minutes
- Total Time: 22 minutes
- Yield: 30 cookies



INGREDIENTS

- 110g butter
- 1 egg
- 1¼ cups spelt plain flour
- 1 cup sugar
- desiccated coconut for rolling in

INSTRUCTIONS

Preheat oven to 160°C. (fan forced) Melt butter. Sift flour into bowl, add sugar, make a well and add egg and butter, mix to combine. Form into small balls, roll in coconut and place on a tray lined with baking paper. Flatten balls slightly and allow room for spreading.

Bake 10-12 minutes. Once cooked, loosen but allow to cool on tray.